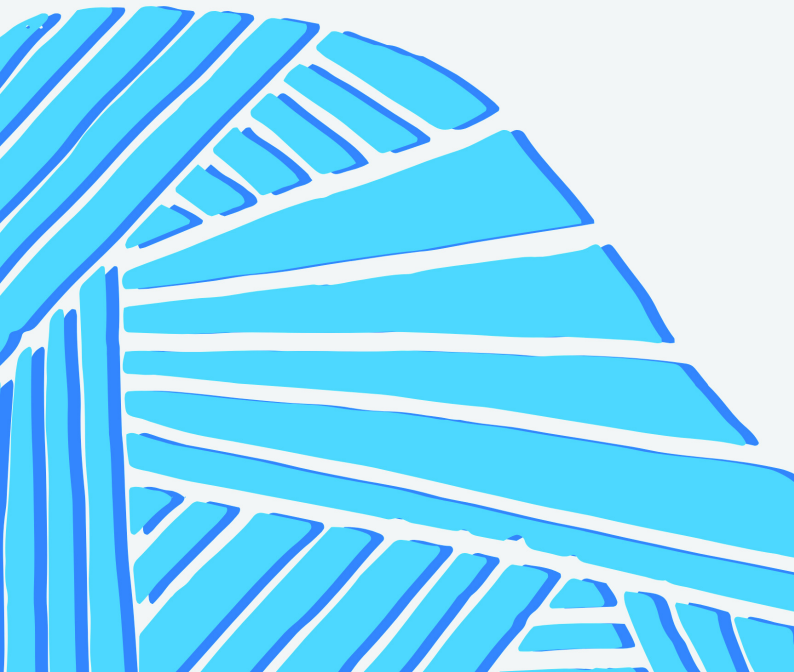




GastroLife
www.gastrolife.ie

FAECAL CALPROTECTIN

Test Instructions



WELCOME

Thank you for purchasing your Faecal Calprotectin test.
This booklet explains how to collect, pack and return your sample.
Please read all instructions carefully before you begin.



ANALYSING LABORATORY		Request Form	
eurofins	Biomics	GastroLife	
BLACKTHORN ROAD SITE Unit 6, Blackthorn Business Park, Droghda 15, Ireland.		Ground Floor Vista Primary Care Ballymore Eustace Road Nasau, Co. Kildare W91 X3BW	
Tel: +353 (0)1 8223600 Free Phone: 0800 303 349 Fax: +353 (0)1 2933671			
SURNAME		TITLE	DOB (DD/MM/YY)
FORENAME			SEX (M/F)
SAMPLE COLLECTION DATE	(DD/MM/YY)	SAMPLE COLLECTION TIME	Male ☐ Female ☐
Test Code		Profile Name - Contents	
CALPR		Faecal Calprotectin (Stool)	
PLEASE NOTE: IF YOU DO NOT FILL THIS FORM IN CORRECTLY AND LABEL YOUR SAMPLE CORRECTLY THE LABORATORY MIGHT NOT BE ABLE TO PROCESS YOUR TEST			

YOUR TEST KIT

Please check that your kit contains the following items.



Prepaid return box



Biohazard bag



Absorbent pad



Blue security seal



Sample container



Collection mat

		Request Form GastroLife Ground Floor Vista Primary Care Ballymore Eustace Road Naas, Co. Kildare W91 X3BW		
SURNAME		DOB	(DD/MM/YYYY)	
FORENAME		TITLE	SEX	Male ☐ Female ☐
SAMPLE COLLECTION DATE	(DD/MM/YYYY)	SAMPLE COLLECTION TIME (HH:MM)	UNIQUE REF. NO.	
Test Code CALPR		Profile Name – Contents Faecal Calprotectin (Stool)		

Test request form



Instruction booklet

PLAN YOUR COLLECTION

Collect your sample in the morning, Monday to Wednesday only.

MON	TUE	WED	THU	FRI	SAT	SUN
✓	✓	✓				



POST IT THE SAME DAY

Post your sample on the day you collect it, in time for the next postal collection.



Return your sample directly to Eurofins Biomnis, Blackthorn Road, using the prepaid return box.

Do not post or deliver your sample to a GastroLife clinic.

YOUR TEST REQUEST FORM

Use block capital letters when completing your form.

- 1 Check that your personal details are correct.
- 2 Enter the date and time you collected your sample.
- 3 Return the completed form with your sample.

ANALYSING LABORATORY  eurofins Biomnis BLACKTHORN ROAD SITE Unit 3, Sandyford Business Park, Dublin 18, Ireland.										Request Form GastroLife Ground Floor Vista Primary Care Ballymore Eustace Road Naas, Co. Kildare W91 X38W																			
SURNAME	B	L	O	G	G	S											DOB	1 0 / 1 0 / 1 9 8 0 (DD/MM/YY)											
FORENAME	J	O	E										TITLE	M	R		SEX (PLEASE TICK)	Male ☒ Female ☐											
SAMPLE COLLECTION DATE	1 9 / 1 0 / 2 0 2 6 (DD/MM/YY)										SAMPLE COLLECTION TIME		0 9 : 0 0		UNIQUE REF. NO.		9 8 7 1 0 0 0												

Test Code

CALPR

Profile Name – Contents

Faecal Calprotectin (Stool)

PLEASE NOTE: IF YOU DO NOT FILL THIS FORM IN CORRECTLY AND LABEL YOUR SAMPLE CORRECTLY THE LABORATORY MIGHT NOT BE ABLE TO PROCESS YOUR TEST.

Please check your details before returning your sample.

LABEL YOUR SAMPLE CONTAINER

Write clearly on the label attached to your sample container.



Ref No:	PRE-LABELLED
Name:	
D.O.B.:	
Ward:	PRE-LABELLED
Specimen:	PRE-LABELLED
Date:	
Time:	

Example label

Ref No:	PRE-LABELLED
---------	--------------

Name:	JOE BLOGGS
-------	------------

D.O.B.:	10/10/1980
---------	------------

Ward:	PRE-LABELLED
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Specimen:	PRE-LABELLED
-----------	--------------

Date:	19/10/2026
-------	------------

Time:	09:00
-------	-------

- 1 Enter your first and last name in the Name field, and your date of birth in D.O.B.
- 2 Enter the date and time you collected your sample.

Ref No, Ward and Specimen are already labelled.
Leave these labels in place.

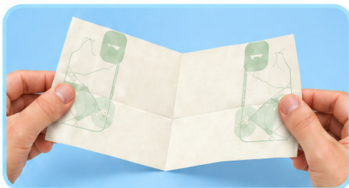
The details on the container must match your test request form.

PREPARE TO COLLECT YOUR SAMPLE

- 1** It is best to collect your sample from your first stool of the day. Try not to urinate while passing your stool sample. If possible, empty your bladder beforehand.



- 2** Unfold the collection mat supplied in your kit.



- 3** Position the collection mat to catch the stool before it reaches the toilet water.



Alternatively, line the toilet bowl with tissue paper to catch your sample. Keep the tissue and sample above the toilet water.

**Keep your sample free from urine and toilet water.
Do not flush the collection mat down the toilet.**

COLLECT YOUR STOOL SAMPLE

Pass your stool onto the collection mat or tissue paper you have prepared.



Keep the sample on the collection surface.



Do not allow urine or toilet water to mix with your sample.



Leave the sample on the mat or tissue paper while you prepare the container.

If your stool sample falls into the toilet water, do not collect it.

OPEN THE SAMPLE CONTAINER

Check that your label is complete before you begin.

1

Hold the container upright and twist the brown cap anticlockwise to open it.



2

Lift out the cap with the scoop attached.



The scoop is attached to the cap. Do not detach it.

You are now ready to transfer your sample.

TRANSFER YOUR SAMPLE

1

Use the scoop attached to the brown cap to collect some stool from the mat or tissue paper.



2

Carefully transfer the stool into the container. Repeat to add several scoops.



3

Please ensure that you dispose of your collection mat. Do not flush it down the toilet. Do not include the soiled collection mat with the returned kit, as your sample will be rejected due to contamination.

Several scoops are required. Do not overfill the container.

CLOSE YOUR SAMPLE CONTAINER

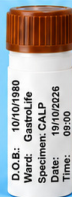
1

Return the scoop to the container and screw the brown cap on tightly.



2

Check that the cap is secure. Do not reopen the container.



3

Wash and dry your hands thoroughly.



Your sample is now ready to be packed for return.

PACK YOUR SAMPLE

1

Place the securely closed sample container into the biohazard bag.



2

Add the absorbent pad to the same bag.



3

Press the seal firmly closed across the full width of the bag.



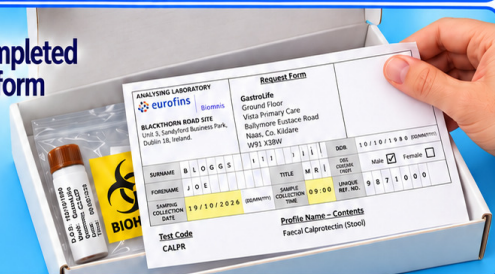
The container and absorbent pad must both be inside the sealed bag.

SEAL YOUR RETURN BOX

- 1 Place the sealed biohazard bag into the prepaid return box.



- 2 Add your completed test request form to the box.



- 3 Close the box and secure it with the blue security seal.



Check that both the sample bag and completed form are inside before sealing.

FINAL CHECKLIST

Before returning your sample, check that:



Your container label is complete and matches your test request form.



The brown cap is tightly closed.



The container and absorbent pad are inside the sealed biohazard bag.



Your completed test request form is inside the return box.



The box is closed and secured with the blue security seal.

RETURN IT THE SAME DAY

Collect and post your sample on Monday, Tuesday or Wednesday morning, in time for the next postal collection.



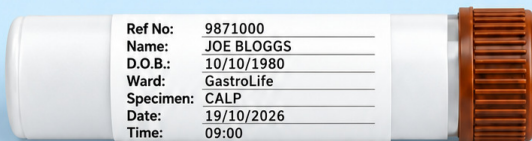
Send your sample directly to Eurofins Biomnis, Blackthorn Road, using the prepaid return box. Samples can also be hand-delivered to Eurofins Biomnis, Blackthorn Road.

No stamp is needed when posting within the Republic of Ireland.

Do not post or deliver your sample to a GastroLife clinic.

IMPORTANT BEFORE YOU RETURN

Your sample tube must be fully labelled, and a completed test request form must be included.



Complete your sample tube label.

Add your full name, date of birth, collection date and collection time.

ANALYSING LABORATORY		Request Form	
 eurofins Biomnis		GastroLife Ground Floor Vista Primary Care Ballymore Eustace Road Naas, Co. Kildare W91 X38W	
BLACKTHORN ROAD SITE Unit 3, Sandford Business Park, Dublin 18, Ireland.			
SURNAME	B L O G G S	DOB	10/10/1980 (DD/MM/YY)
FORENAME	J O E	TITLE	M R
SAMPLE COLLECTION DATE	19/10/2026 (DD/MM/YY)	SAMPLE COLLECTION TIME	09:00
		SEX (PLEASE TICK)	Male ☒ Female ☐
		UNIQUE REF. NO.	9871000

Test Code

CALPR

Profile Name – Contents

Faecal Calprotectin (Stool)

PLEASE NOTE: IF YOU DO NOT FILL THIS FORM IN CORRECTLY AND LABEL YOUR SAMPLE CORRECTLY THE LABORATORY MIGHT NOT BE ABLE TO PROCESS YOUR TEST.



Include your completed test request form.

Check that the details match the sample tube.



A retest fee will apply if your sample tube details are incomplete or a completed test request form is not included.

Please check both carefully before sealing your return box.



GastroLife
www.gastrolife.ie



www.gastrolife.ie



info@gastrolife.ie



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